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TUSCAN  
 LAKES



JANUARY 2010  
 IN YOUR  
 BACKYARD



## GET FIT TUSCAN LAKES

Get off your couch and get moving with **GET FIT TUSCAN LAKES!** Sign up for the Governor's Texas Round-Up Challenge. The program challenges adults to engage in at least 30 minutes of physical activity every day at least 5 days a week for 6 weeks. And children can join the Round-Up Challenge too! For children under 18, the challenge is 60 minutes of physical activity every day for at least 5 days a week for 6 weeks. Join Team Tuscan as we take part in the Governor's Round-Up to improve our health. And, after you complete the challenge, you can strut your stuff in the Tuscan Lakes' Healthy Heart 5k Fun Run/Walk in March! So get out those tennis shoes and let's get busy for 2010!

For more information for **GET FIT TUSCAN LAKES** and to get ready for the challenge, join us at the Cypress Point Recreation Center for free health screenings on January 16th from 11 am to 2 pm. LA Fitness and Dr. Cottingham's office will be on site to provide information on getting healthy and fit.

To sign up for the Governor's Round-Up Challenge, go to: [www.texasroundup.org](http://www.texasroundup.org).  
 For kids age 13 years and under, go to:  
<http://fitkids.texasroundup.org>.  
 Join **TEAM TUSCAN** and let's **GET FIT!**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>January</b>					1	2
<b>Happy New Year!</b>						
3	4	5	6	7	8	9
10	11	12	13 Fitness Boot camp 6-6:45am	14	15 Fitness Boot camp 6-6:45am	16 Get Fit Tuscan 11-2pm Free Screenings!
17	18	19	20 Fitness Boot camp 6-6:45am	21	22 Fitness Boot camp 6-6:45am Fishing Extravaganza	23 Fishing Extravaganza
24 Fishing Extravaganza	25	26	27 Fitness Boot camp 6-6:45am	28	29 Fitness Boot camp 6-6:45am	30
31	Come out January 16 <sup>th</sup> to GET FIT TUSCAN LAKES from 11-2pm at the Cypress Point Recreation Center! Take the pledge to start moving! Free Screening and information on living a healthy lifestyle!					

2010

TO SIGN UP, CALL ROBIN MITCHELL  
 281.332.5450 x111  
[lifestyledirector@tuscanlakes.com](mailto:lifestyledirector@tuscanlakes.com)

For community events' updates & to see photos from events, become a fan: [Facebook.com/TuscanLakes](https://www.facebook.com/TuscanLakes)



### WHAT'S INSIDE

IMPORTANT NUMBERS	2
NEW PARK GOES GREEN	2
FITNESS & FUN	3
THE YEAR IN REVIEW	4-5

**IMPORTANT NUMBERS:**

Association Management, Inc.  
David Regenbaum  
dregenbaum@amitx.com  
(713) 932-1122

Tuscan Lakes Lifestyle  
Director,  
Robin Mitchell  
lifestyledirector@tuscanlakes.com  
281.332.5450 x111

Mosquito Control  
Galveston County  
281-534-2726

Street Lights  
Texas-New Mexico Power  
888-866-7456

Trash - AmeriWaste  
281-585-3200

**CITY OF LEAGUE CITY**

Animal Control  
281-554-1377

Code Enforcements/City  
Hall  
281-554-1000

Fire Marshall  
281-554-1290

Water  
281-554-1335

Police  
281-332-2566 LCPD

To Advertise in this  
newsletter, contact  
David Smith at  
Pamela Printing:  
**281-240-1313**  
david@pamelaprinting.com

**TUSCAN LAKES' NEW PARK  
TO SET 'GREEN' STANDARD**

The City Council of League City has taken an initial step toward ensuring that the Eastern Regional Park's design meets internationally recognized energy efficiency and environmental standards. The park, which is being built in Tuscan Lakes on land donated to the city by the Johnson Development Corporation, will achieve Leadership in Energy and Environmental Design, or LEED, certification due to council's decision to allocate \$60,000 for additional engineering work and design fees for the recreational building.

In order to achieve the level of certification the city is aiming for, the park recreation building must be insulated and constructed from sustainable materials, have an energy efficient air-conditioning and heating unit and have a water and sewage recycling system. Other efficiency features the park will have include efficient water landscaping, equipment that reduces potable water usage and plants that require less water to maintain.

The initial cost for achieving the certification would add about \$1.1 million to the overall \$15 million project. While Tuscan Lakes provided the land, funding for the park comes from a voter-approved taxing entity that allocates a quarter-cent on the dollar of the city's sales tax revenue for municipal park projects and amateur sporting facilities. City officials estimate the project's cost will be regained in eight to eleven years.

The Eastern Regional Park will be located in Tuscan Lakes on the south side of Highway 96 between FM 270 and Dickinson Avenue. Council members have reviewed architectural elevations and floor plans for the future park and a design plan will be chosen within the coming months.



**WE'RE MOVING!**

Beginning February 1st, the Tuscan Lakes Information Center will be relocating to 1531 Louisiana Street just south of League City Parkway. Be sure to stop by and take a look at our new location!

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Tuscan Lakes Resident

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*all about you*



Photo by Brian Stewart

**Tuscan Lakes Branch  
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Santa Fe Branch  
4120 FM 1764

Texas City Branch  
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Tuscan Lakes Branch  
1692 E. League City Pkwy

Friendswood Branch  
235 E. Parkwood Ave.  
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TX 800.392.3813  
US 800.231.6053

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Ask Us About Our 99%  
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THANK YOU TO ALL RESIDENTS  
FOR PARTICIPATING IN THE  
HOLIDAY OF LIGHTS CONTEST.



**1st place :  
Jim Healy**



**2nd place:  
Steve  
Evors**



**3rd place:  
Eric Brown**

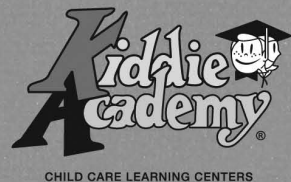
Honorable Mention: Larry Crochet Jr.

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Enroll now for fall.



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League City, TX 77573  
**281.538.KIDS (5437)**  
kiddieacademy.com/leaguecity

## FITNESS AND FUN AT TUSCAN LAKES

### FITNESS BOOT CAMP

Want to get rid of those winter blues or extra holiday pounds? Try Tuscan Lakes' Fitness Boot Camp – a **HIGH INTENSITY WORKOUT**, six week class that combines cardio intervals with strength training to give you 45 minutes of heart-pumping, muscle-flexing action.

**"Strength, Power, & Cardio-Oomph!"**

**January 13th - February 19th**

**Wednesday & Friday**

**6:00 - 6:45 am**

**Cost: \$85 per six weeks (2 days per week)**

**Drop in fee: \$10/per class**

Sign up at the  
information center  
or e-mail Robin at  
lifestyledirector@  
tuscanlakes.com.



### The Book Club



### First Tuesday Book Club

Need a good read? Join the Tuscan Lakes' First Tuesday Book Club. Group members are required to provide their own copies of the book, and all Tuscan Lakes' residents are invited to participate. Come every month, or as often as you like!

January's Book: Angels of Christmas by Debbie Macomber  
Book discussion location to be announced.

The First Tuesday Book Club is free and open to all ages.  
For more information, contact Joy Bechtold at  
joymariebechtold@yahoo.com.



## JSC Federal Credit Union

### TUSCAN LAKES BRANCH COMING IN SUMMER 2010

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of credit union  
membership now!

**Learn more at  
www.jscfcu.org**

## Bunco

Attention Tuscan Lakes' Ladies: For a great girls' night out, join the fun with friends and neighbors at Bunco! Not sure how to play? No problem! E-mail Robin at lifestyledirector@tuscanlakes.com to sign up.



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## Fishing Extravaganza

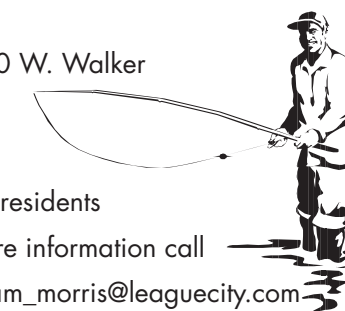
Try your luck at catching rainbow trout and catfish on January 22-24. The League City Parks and Recreation Department will be stocking the Municipal pool with approximately 2,500 pounds of catfish and trout. This event promotes fishing as a lifetime sport as well as a wholesome family event. Fishing licenses and trout stamps are not required since this is a controlled site and a private stocking. So, bring your fishing poles and let's go fishing!

League City Municipal Pool, 450 W. Walker

**January 22-24**

Fee: \$6 per resident/ \$10 non-residents

Tickets on sale Jan 5-22, for more information call  
(281)554-1195, or email William\_morris@leaguecity.com



# TUSCAN LAKES

## JUNE

Tuscan Lakes welcomed Robin Mitchell of Risher Fitness Management to the Tuscan Lakes' family as the new Lifestyle Director



## JULY

Sparklers were flying at Tuscan Lakes first Annual 4th of July Fun Fest held on Saturday, July 4th at the Cypress Point Pool. AMOCO Federal Credit Union donated all you can eat hamburgers, chips, cookies and cold drinks. One hundred plus residents were treated to four hours of non-stop activities for the entire family.



## AUGUST

Tuscan Lakes' Back To School Bash was held on Friday, August 13th at the Cypress Point Pool. Seventy plus residents were treated to a Dive in Movie - "Bedtime Stories" starring Adam Sandler. Free popcorn and fun was had by all!



## SEPTEMBER

Our Healthy Eating Seminar was held September 28th. Residents enjoyed three healthy dishes and Jerrod Lee, Certified Nutrition Counselor, shared useful information on maintaining a healthy lifestyle.

Tuscan Lakes' Helping Paws Pet Donation Drive was held September 1st-28th.

Residents dropped off pet supplies at the Information Center to help support our furry friends at the Bay Area SPCA.

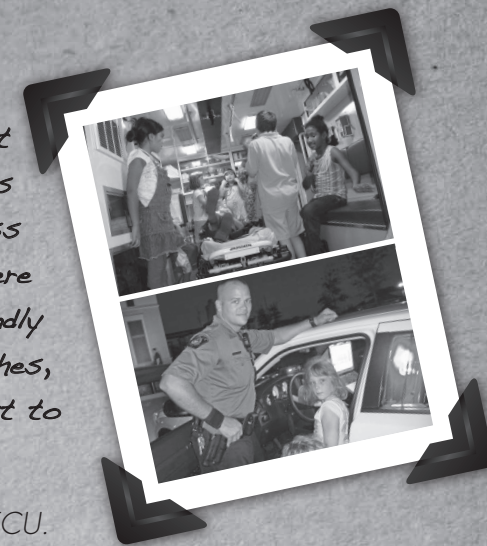


# EVENTS OF 2009

## OCTOBER

Tuscan Lakes' National Night Out Block Party was a great success Tuesday, October 6th at the Cypress Point Pool. Eighty plus residents were treated to 1 1/2 hours of family friendly activities including subway sandwiches, cookies and drinks as they came out to meet their neighbors.

National Night Out was sponsored by JSC FCU.



Halloween night was a scream at the Tuscan Lakes' Trail of Treats. Residents, along with AMOCO FCU, KB Homes and Dr. Cottingham's office, decorated tables and passed out candy to more than 170 kids trick or treating from table to table along the trail!



## FROM YOUR LIFESTYLE DIRECTOR



Can you believe we are in January? What a year it has been for the Tuscan Lakes' Community! These past six months have been filled with joy and excitement as your new Lifestyle Director. Thank you for welcoming me with open arms and showing your support through our many events. I would like to thank everyone who volunteered this past year to help make our events successful. I could not have done it without your support, and words can never truly let you all know how much I appreciate all of your support. 2009 was a year with great memories, and I look forward to bringing more quality events in 2010 to Tuscan Lakes.

With love,  
Robin Mitchell

### DID YOU KNOW TUSCAN LAKES IS A JOHNSON DEVELOPMENT COMMUNITY?

The Johnson Development Corp. is an award-winning residential and commercial land development company involved in premier projects including master-planned communities such as Stenna Plantation, Fall Creek, Riverstone, Woodforest, Tuscan Lakes, Edgewater and Silverlake in Houston, Texas, and Towne Lake, BridgeMill and Lake Arrowhead in Atlanta, Georgia. Established in 1975, known for innovative master planning and today one of the largest and most successful land developers in both Houston and Atlanta, The Johnson Development Corp. has cultivated a strong reputation for vibrant, responsible development, with impeccably designed communities. For more information, visit [www.johnsondevelopment.com](http://www.johnsondevelopment.com).