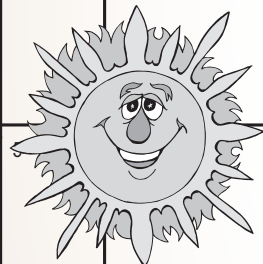







JULY 2009
IN YOUR
BACKYARD

CELEBRATE THE RED, WHITE AND BLUE AT THE 4TH OF JULY FUN FEST!

JULY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Fitness Boot Camp 6am Swim Lessons: 8-9:30am Water Aerobics 10am	2 Swim Lessons: 8-9:30am	3 Fitness Boot Camp 6am Swim Lessons: 8-9:30am Water Aerobics 10am	4 4th of July Fun Fest 12-4pm 
		7 Swim Lessons: 8-9:30am	8 Fitness Boot Camp 6am Swim Lessons: 8-9:30am Water Aerobics 10am	9 Swim Lessons: 8-9:30am Tuscan Lakes Social Committee Meeting 6:30pm	10 Fitness Boot Camp 6am Swim Lessons: 8-9:30am Water Aerobics 10am	11
12	13	14 Swim Lessons: 8-9:30am	15 Fitness Boot Camp 6am Swim Lessons: 8-9:30am Water Aerobics 10am	16 Swim Lessons: 8-9:30am	17 Fitness Boot Camp 6am Swim Lessons: 8-9:30am Water Aerobics 10am	18 CPR CLASS 1-4pm 
19	20	21 Swim Lessons: 8-9:30am	22 Fitness Boot Camp 6am Swim Lessons: 8-9:30am Water Aerobics 10am	23 Swim Lessons: 8-9:30am	24 Fitness Boot Camp 6am Swim Lessons: 8-9:30am Water Aerobics 10am	25
26	27 Eating Right 101 7-8pm 	28 Swim Lessons: 8-9:30am	29 Fitness Boot Camp 6am Swim Lessons: 8-9:30am Water Aerobics 10am	30 Swim Lessons: 8-9:30am	31 Fitness Boot Camp 6am Swim Lessons: 8-9:30am Water Aerobics 10am	

TO SIGN UP, CALL ROBIN MITCHELL
281.332.5450 x111
lifestyledirector@tuscanlakes.com

You're invited to celebrate the 4th at Tuscan Lakes! Don't miss the fun, food and festivities as we celebrate America's birthday with a four hour 4th of July Fun Fest on Saturday, July 4th from noon to 4 pm at the Cypress Point Pool. Grab the kids, your coolers and lawn chairs and join in the fun. Hamburgers, with all the fixins, chips, cookies and cold drinks will be provide by AMOCO Federal Credit Union along with moonwalks, face painting and fun games.

Scheduled activities are also planned and will be lead by volunteers from the 4th of July Committee.

Scheduled activities include:

- 1-1:30 pm**
 - 2-2:30 pm**
 - 3-3:30 pm**
- Balloon Toss**
 - Sack Races**
 - Cake Walk**

A DJ will be on hand to spin the tunes, and guests can cool off with complimentary snow cones. Mark your calendar for 4th of July fun at Tuscan Lakes! For more information about the 4th of July Fun Fest or to help out on the the 4th of July Committee, e-mail Robin Mitchell at lifestyledirector@tuscanlakes.com.



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