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September

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1	2	3	4	5	
		 <p>Take part in the Tuscan Lakes Pet Donation Drive and help the animals at the Bay Area SPCA. September 1-28th Drop off your donations at the Information Center Monday-Sunday between the hours of 12pm-5pm</p>				11	12
13	14	15	16	17	18	19	
			 Bunco Ladies Night 7pm-9pm @ Info Center				
20	21	22	23	24	25	26	
			Session 3: Fitness Boot camp 6-6:45am @ Tuscan Lakes Pool		Fitness Boot camp 6-6:45am @ Tuscan Lakes Pool		
27	28	29	30				
	Eating Right 101 & Cooking Demo 7-8pm @ Info Center 		Fitness Boot camp 6-6:45am @ Tuscan Lakes Pool				

2009

TO SIGN UP, CALL ROBIN MITCHELL
281.332.5450 x111
lifestyledirector@tuscanlakes.com



SEPTEMBER 2009
IN YOUR
BACKYARD

HELPING PAWS DONATION DRIVE

Take part in the Tuscan Lakes Pet Donation Drive and help the animals at our local Bay Area SPCA.



From September 1st through 28th, drop off your donations at the Tuscan Lakes Information Center every Monday through Sunday between 12pm and 5pm. And, if you're looking for a great addition to your family, visit www.bayareapetadoptions.org for a list of adoptable pets.

NEEDED SUPPLIES & WISH LIST

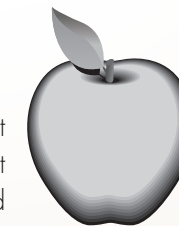
Dog/Puppy Food: Purina One
Cat/Kitten Food: Purina One, Pro Plan, Iams, Nutro, Science Diet
Frontline/Advantage Tick & Flea Prevention Spray
Dog/Cat Harnesses
Dog/Cat Collars & Leashes
Cat Litter - Non-Clumping Clay Based
Kong Toys - Dogs and Puppies
Kong Cheese/Peanut Butter Spray Cans
Kitty Catnip Creatures/Toys
Cat Scratching Posts
Pig Ears/Raw Hides & Milk Bones

Stainless Steel Food Bowls - All Sizes for Dogs & Cats
Washable Dog/Cat Beds
Soap-Free Dog/Cat Shampoo
Soft Paws Nail Tips for Cats
Dog/Cat Brushes
Large-Weight Scale for Big Dogs
Storage Bins for Food and Supplies - All Sizes
Gas Cards for our Adoption and Supply Van
Rubbermaid Style Containers - Large for Food, Toys, Blankets, etc.
Clorox Bleach

Laundry Detergent
Laundry Baskets
Dawn or Ajax Dish Soap
Anti-bacterial Hand Soap
Hand Sanitizer
Trash Bags - 44, 30, & 13-gallon
Trash Cans - Small
Paper Towels (1-Ply)
Toilet Paper (1-Ply)
Towels - All Sizes

Eating Right 101

Wouldn't it be great if you could just snap your fingers and know that you would never gain weight as you grow older? Unfortunately, it's not going to happen. If you want to lose weight, you need to "eat right and maintain an active lifestyle." Jerrod Lee, Certified Nutrition Counselor with Risher Fitness Management, can help get you on the right track. Enjoy samples from a healthy cooked meal while learning how to prepare a meal your entire family will enjoy.



Sign up for this FREE session today. Space is limited!
Residents must RSVP no later than Sept 25th.

Monday, September 28th • 7-8 pm

Sign up at the Information Center or email Robin at lifestyledirector@tuscanlakes.com

WHAT'S INSIDE

IMPORTANT NUMBERS	2
FITNESS & FUN	3
MEET YOUR NEIGHBOR	4
COMPLIANCE CORNER	5
FACEBOOK US	5
SEPTEMBER CALENDAR	8

IMPORTANT NUMBERS:

Tuscan Lakes HOA,
Christina Gray
832-864-1200
christinag@houcomm.com

Tuscan Lakes Lifestyle
Director,
Robin Mitchell
lifestyledirector@tuscanlakes.com
281.332.5450 x111

Mosquito Control
Galveston County
281-534-2726

Street Lights
Texas-New Mexico Power
888-866-7456

Trash - AmeriWaste
281-585-3200

CITY OF LEAGUE CITY

Animal Control
281-554-1377

Code Enforcements/City
Hall
281-554-1000

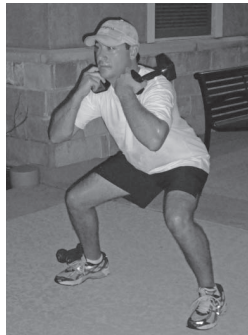
Fire Marshall
281-554-1290

Water
281-554-1335

Police
281-332-2566 LCPD

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newsletter, contact
David Smith at
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**BACK TO BASICS WITH
FITNESS BOOT
CAMP**



Think Fitness Boot Camp at Tuscan Lakes is just for the ladies? Think again. Meet Jake Marisco, a two-year resident of Tuscan Lakes. Jake signed up for the second session of Fitness Boot Camp with Tuscan Lakes Lifestyle Director Robin Mitchell and after only two weeks, saw results.

"My wife and I could absolutely tell a difference in my energy level after the first two weeks," said Jake who enrolled in Fitness Boot Camp to help get his energy back. "We are expecting a new baby, and I needed something to help get my energy back."

Jake says that what he enjoys most about the Boot Camp is the variety. "We never know what Robin has planned for us so each class is different." Though the mountain climber is his least favorite activity, "There's nothing really that I dislike about it. The mountain climber is just tough for me but I enjoy it all."

Jake has so enjoyed his experience at Fitness Boot Camp that he plans on signing up again, and is working on new recruits. "I'm trying to recruit my friends to sign up for the next session," said Jake.

To join Jake at Boot Camp or for more information about the fitness program at Tuscan Lakes, contact Robin Mitchell at lifestyledirector@tuscanlakes.com or 281.332.5450 ext. 111.

This six weeks class will combine cardio intervals with strength training to give you a complete 45 minutes of "Oomph!" This class will get your heart pumping and your muscles flexing in a small group setting:

- Great Calorie Burners • Increase muscle
- Improve cardiovascular endurance • Build Confidence



Sept 23-Oct 30 • Wednesday & Friday
6:00am-6:45am

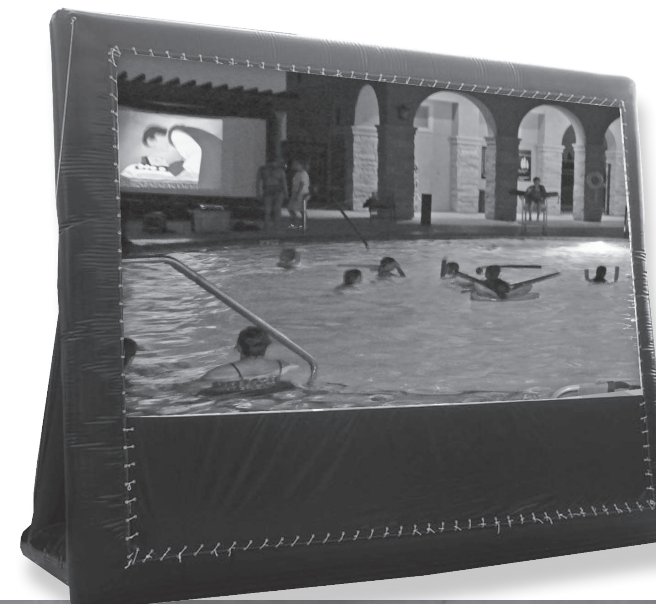
Meet at the Tuscan Lakes Pool
Cost: \$85 per six weeks (2 days a week)
Drop in fee: \$10/per class*



Join any time, pro-rated fees are available for fitness classes.
Email Robin Mitchell, lifestyledirector@tuscanlakes.com
to sign up or with any questions.

**BACK TO
SCHOOL BASH
WAS A SUCCESS!**

Before heading back to school, Tuscan Lakes Residents enjoyed one more summer adventure at Cypress Point Pool. Families brought their coolers, lawn chair and floating devices and were able to enjoy their last days of summer while floating around in the pool in front of the big screen while watching "Bedtime Stories". Thank you to all the residents that came out to our Dive In Movie!



Partnering with Bailey's American Grille, AMOCO Federal Credit Union will be onsite at the South West International Boat Show September 24 - 27 at South Shore Harbour Marina!

With over 400 boats in water and onshore, many ready to demo, it's the perfect place to do your shopping. And to make financing hassle-free, AMOCO loan officers will be onsite during the four-day event.

With everyday low rates, you're sure to catch a great deal and a great rate!

NEW BOAT		USED BOAT	
Term	Rate As Low As*	Term	Rate As Low As*
Up to 60 months	5.75% APR*	Up to 60 months	5.75% APR*
61 - 84 months	6.50% APR*	61 - 84 months	6.50% APR*
85 - 120 months	6.75% APR*		

DAY'S EVENTS: swimwear fashion shows, luxury autos, trucks and custom motorcycles, fishing and boating gear, live music from The Bahamas, and plenty of fun for the family. It's all geared to four fabulous days of fun in the sun!

Don't miss out on the biggest and most exciting boat show to ever arrive in Houston's Bay Area, the South West International Boat Show. Visit www.AMOCOfcu.org or www.SouthWestInternationalBoatShow.com for complete information.



409.948.8541 • www.AMOCOfcu.org
Texas City - 2300 Texas Ave.
Bay Colony - 3350 Cross Colony Dr. @ I-45 S.
Santa Fe - 4120 FM 1764
Tuscan Lakes - 1692 E League City Pkwy

*Subject to membership eligibility. APR is annual percentage rate. Rates and terms determined by borrower's credit qualifications. The quoted rates are valid 9/1/09 - 9/30/09 and are subject to change without notice. Boat rate discounts available to qualifying members as follows: .25% APR discount for having an AMOCO checking and .25% APR discount for having an AMOCO credit card (max discount = .50% APR). Some restrictions may apply. Contact an employee for further information about applicable fees and terms.



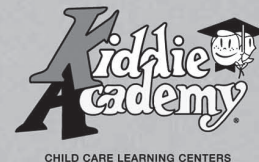


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Bring in to redeem offer.

Kiddie Academy of League City in Tuscan Lakes
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League City TX 77573
281-538-KIDS (5437)

Reserve your spot today.

For more information or virtual tour visit, kiddieacademy.com/leaguecity

FITNESS AND FUN AT TUSCAN LAKES

HALLOWEEN TRAIL OF TREATS

Fall is right around the corner and that means it's time for Tuscan Lakes Halloween Trail of Treats! Do you enjoy passing out candy and decorating for Halloween? Be a BOO Sponsor for the Trail of Treats by passing out candy from 6 to 8pm on Halloween, Saturday, October 31st. Win prizes in the decorating contests for the most festive table, the scariest table, and most creative. Don't miss out on Trail of Treats along the Tuscan Lakes lake – it's sure to be a scream!

Sign up at the Information Center or e-mail Robin Mitchell at lifestyledirector@tuscanlakes.com



Bunco Bash

Ladies, join in the fun with your neighbors for Tuscan Lakes Bunco Bash. Whether you're an old hand at the game or need a course in Bunco Basics, join us for a night of fun and friendship.



No experience necessary!

Wednesday, September 16th from 7pm to 9pm

Tuscan Lakes Information Center

Please RSVP to Robin Mitchell at (281)332-5450 Ext. 111 or by e-mail: lifestyledirector@tuscanlakes.com

Get a Kick out of Karate



The League City Parks and Recreation Department is offering an American Karate Program ranging from Beginner to Black Belt. The program will teach techniques in the art including sport, self-defense and self-confidence aspects of American Karate.

Place: Gilmore Elementary School Gym
3552 Brittany Bay Blvd.

Times: Mondays, 6:30 to 7:30 pm

Levels: Beginner & Advanced Boys & Girls Ages 5-12

Session: September 14th - November 23rd
(11 week session)

Fees: \$40 for entire session, \$30 for a uniform
(Sorry no checks accepted for uniforms)

Call-In Registration: (281) 554-1188.

Registration open until the 3rd class at League City Parks & Cultural Services.

First class is a FREE to interested students.

National Night Out

Lock your doors, turn on your outside lights and spend an evening getting to know your neighbors! Make plans now to join your neighbors for the 2009 National Night Out, Tuesday, October 6th from 6:30-8:00 pm!



TUSCAN LAKES SOCIAL COMMITTEE WANTS YOU!

The Tuscan Lakes Social Committee wants you! Please join us for our next meeting scheduled for Wednesday, September 16th from 6:30 to 7:00 pm at the Information Center. The Social Committee's goal is to provide activities and events where Tuscan Lakes neighbors can meet, socialize, have fun and relax. Upcoming Social Committee events include National Night Out, Halloween Trail of Treats and Bunco Bash.

If you would like to join the Social Committee or assist with any events, please contact Robin Mitchell at (281)332-5450 Ext. 111 or by e-mail: lifestyledirector@tuscanlakes.com

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MEET YOUR NEIGHBOR WORLD WAR II VETERAN, FBI AGENT AND AUTHOR JAMES SIMPSON



Ever meet someone who has flown a bombing mission over Nazi Germany? What about an FBI agent or a published author? If you've met Tuscan Lakes' resident James Simpson, you have met them all.

James and his wife, Connie, moved to Tuscan Lakes in 2006 from Dickinson. The couple was attracted to the tranquil lifestyle of the new neighborhood. "After I retired from practicing law, we sold our home in Galveston County. I realized that I had no place to lay my head, and my wife found a home in Tuscan Lakes that she wanted," said James. "We've enjoyed living in Tuscan Lakes. It's a nice area."



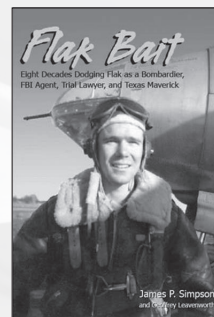
James, 87 years young, is a member of what is referred to as the "greatest generation." A World War II veteran, James was moved to enlist in the Army Air Corps after Pearl Harbor. He served from

1942 to 1945 in the 104th Infantry Division. James flew 59 bombing missions over Nazi Germany aboard a Martin B-26B Marauder Flak Bait as both a bombardier and navigator. The front fuselage of the actual plane that James flew eight missions aboard is housed in the National Air and Space Museum World War II Aviation exhibition at the Smithsonian. A rather famous aircraft, the B-26 also flew from bases in England and, after D-Day, on which the plane flew two missions, from bases in France and Belgium.

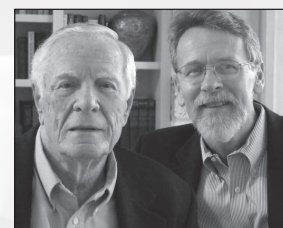
"I regret that I didn't get to fly on D-Day and see in the invasion," recalled James, but he actually served ten days on the ground on the front lines which is unusual for an Air Force man.

After the war, James attended the University of Texas on the GI Bill, and he graduated from the University of Texas Law School in 1950. Shortly thereafter, he joined the Federal Bureau of Investigation for two years and was assigned to the Minneapolis and Chicago offices where his work involved "keeping tabs on people who advocated a violent overthrow of the government." He also worked on criminals cases that violated federal law including organized crime. While at the FBI's Minneapolis office, James had a life-altering event: he met Connie who was working in the secretarial pool. They married, and in 1952, moved to Galveston County and raised four children. James practiced civil law in Texas City for nearly sixty years at his firm Simpson and Burwell.

In 2006, James wrote a memoir about his life experiences in World War II and as an FBI agent. The book, entitled *Flak Bait* was published in 2007. James wrote the book for his grandchildren, and now, great-grandchild. "I knew that unless I wrote something, the grandkids would have a hard time understanding what I was there for," said Simpson of his service during World War II.



Flak Bait also touches on Simpson's experience in law enforcement. "I wanted to explain more completely my devotion to the law - the reasons why I felt it was important that the law be obeyed."



Since retiring from civil law, Simpson leads "a rather quiet life" in Tuscan Lakes that of a retired veteran, FBI agent, author and neighbor. Thank you James and Connie Simpson for choosing Tuscan Lakes. We're glad you're here!

Do you know a resident with an interesting or inspiring story? Do you have a unique hobby or have you recently received special recognition for a career or community service activity? If so, we want to shine the SPOT LIGHT on you! You or your neighbor could be featured in an upcoming issue of the Tuscan Lakes newsletter. Send your ideas to jaimev@johnsondev.com today!

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BE A FAN OF TUSCAN LAKES

Now, you can check out what's going on at Tuscan Lakes anytime! Become a fan of Tuscan Lakes on Facebook. Just go to www.TuscanLakes.com and click on the Tuscan Lakes Fan Box. News, events, neighbors – it's all on the Facebook page – at your fingers anywhere, anytime.

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Guaranteed Clean Pool

Compliance Corner

A Friendly Reminder...From Your Homeowner's Association

Pretty Perimeters

When replacing or repairing wooden fencing, please remember that all wooden fences should be stained with the uniform color for the subdivision: Sherwin Williams Deckscapes, #3034/Cedar/Solid.

Exterior Improvements

Planning on painting or sprucing up your home with landscaping? Want to add a play structure for the kids? Remember to contact the Homeowner's Association for approval and a reminder of the policies before beginning your home projects. Home improvement forms and information is available by contacting Christina Gray at christinag@houcomm.com.

Pet Patrol

When walking through our neighborhood, please be kind and pick up after your pets. And remember, League City requires all dogs and cats to be on a leash when not on your property, so please keep your pets safe and leashed while walking through Tuscan Lakes.

Trash Cans

Help us keep our streets safe and clear by storing trash cans after garbage collection out of public view. Thank you for your efforts in making Tuscan Lakes a great place to live. Let's all work together to protect property values and keep Tuscan Lakes beautiful!

DID YOU KNOW TUSCAN LAKES IS A JOHNSON DEVELOPMENT COMMUNITY?

The Johnson Development Corp. is an award-winning residential and commercial land development company involved in premier projects including master-planned communities such as Sienna Plantation, Fall Creek, Riverstone, Woodforest, Tuscan Lakes, Edgewater and Silverlake in Houston, Texas, and Towne Lake, BridgeMill and Lake Arrowhead in Atlanta, Georgia. Established in 1975, known for innovative master planning and today one of the largest and most successful land developers in both Houston and Atlanta, The Johnson Development Corp. has cultivated a strong reputation for vibrant, responsible development, with impeccably designed communities. For more information, visit www.johnsondevelopment.com.