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Help us reach our goal of donating 250 pair of sneakers to the Green Sneakers Program! From June through August, we are asking Tuscan Lakes residents to go green and donate your old sneakers!



to 1,000 years to break down (Liberty Sports

though by some estimates, only 1 in 100 pairs are recycled annually. (Runners World, Nov., 2008).

Drop off your pair of sneakers this summer at any of the upcoming special events or the Tuscan Lakes Information Center and help Tuscan Lakes go green!



Try this circuit, gym style workout in the pool. This class combines cardiovascular and resistance training in several different segments for a complete, full body workout.

> Session 1: June 6th-27th Session 2: July 11-August 1st Monday Evening at 7pm \$35 per month Drop-in fee: \$10 per class

To sign up: Email Robin at lifestyledirector@tuscanlakes.com.



AMI is pleased to announce the opening of the AMI Resource Center, where One Call + One Person = Your Answers. Please call them at (713)932-1122.

May						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Tuscan Lakes Running/Walking Club @ 7pm	5	6	7 Cypress Point Pool Hours 10am - 9pm
8 Happy Mother's Pool Hours 10am - 9pm	9	10	11 Tuscan Lakes Running/Walking Club @ 7pm	12 Book Club Day Trip: Impressionist Exhibit @ 11am	13	14 Cypress Point Pool Hours 10am - 9pm
15 Pool Hours 10am - 9pm	16	17	18 Tuscan Lakes Running/Walking Club @ 7pm	19	20	21 Cypress Point Pool Hours 10am - 9pm
22 Pool Hours 10am - 9pm	23	24	25 Tuscan Lakes Running/Walking Club @ 7pm	26	27	28 Cypress Point Pool Hours 10am - 9pm
29 Pool Hours 10am - 9pm	30 Memorial Day	31			-	2011

TO SIGN UP, CALL ROBIN MITCHELL 281.332.5450 x111 lifestyledirector@tuscanlakes.com

For community events' updates & to see photos from events, become a fan: Facebook.com/TuscanLakes

MAY 2011 IN YOUR BACKYARD

GO GREEN TUSCAN LAKES!

With the Green Sneakers Program, you can be assured that you are helping the planet through reuse and/or recycling. This program gives donated tennis shoes a second chance at life by making them available as affordable footwear for people in need around the world. By doing this, the donated shoes are kept out of landfills where they may take anywhere from 50

Magazine, Nov. 10, 2009). With this reality, the need to make donated shoes available for reuse or recycling should be very apparent,



WATER AEROBICS

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IMPORTANT NUMBERS:

Community Manager Peter Brown pbrown@amitx.com (713) 932-1122 www.amitx.com

Tuscan Lakes Lifestyle Director. **Robin Mitchell** lifestyledirector@tuscanlakes.com 281-332-5450 x111

Mosauito Control **Galveston County** 281-534-2726

Street Lights **Texas-New Mexico Power** 888-866-7456

Trash - AmeriWaste 281-585-3200

CITY OF LEAGUE CITY

Animal Control 281-554-1377

Code Enforcements/City Hall 281-554-1000

Fire Marshall 281-554-1290

Water 281-554-1335

Police 281-332-2566 LCPD

To Advertise in this newsletter, contact David Smith at Pamela Printing: 281-240-1313 david@pamelaprinting.com

TUSCAN LAKES! IT'S NOT JUST A COMMUNITY, IT'S A LIFESTYLE!

Tuscan Lakes provides residents with an active, family-oriented lifestyle! Look what has being going on in your community this year!

THE TUSCAN LAKES' AMAZING RACE

Eighteen teams took part in an 8 station obstacle course around Tuscan Lakes on March 19th



KAYAK EXTRAVAGANZA

Residents enjoy a relaxing day on the lake testing out kayaks and sampling food with a moonwalk and music on March 19th.



TUSCAN LAKES' COMMUNITY GARAGE SALE

Thank you to everyone who participated in our 2nd Annual Community Garage Sale. On April 16th, bargain hunters in the Bay Area were able to shop 40 plus garage sales throughout Tuscan Lakes.



COMING UP - SUMMER SIZZLES IN TUSCAN LAKES!

And the fun has just begun! Upcoming events this summer include an Adult Mixer, the Dive-In-Movie series, and the 4th of July Family Fun Fest!

CYPRESS POINT POOL SCHEDULE

May

Weekends Only Starting Saturday May 7th

Saturday 10AM to 9PM Sundays 10AM to 9PM *The pool will be open on Monday May 30th for Memorial Day from 10AM-9PM*

June

Monday Tuesday – Saturday Sunday

Closed for Cleaning 10AM to 9PM 10AM to 9PM

July

Closed for Cleaning Monday Tuesday – Saturday 10AM to 9PM 10AM to 9PM Sunday *The pool will be open on Monday July 4th and closed for cleaning Tuesday July 5th



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August

Monday Tuesday – Saturday Sunday September

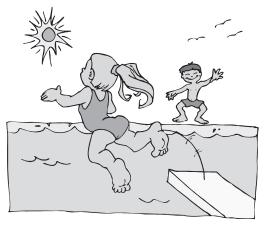
25th from 10AM-9PM

Closed for Cleaning 10AM to 9PM 10AM to 9PM Weekends Only Until September

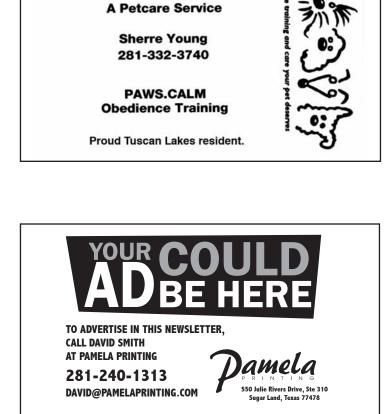
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The pool will be open September 5th for Labor Day Holiday from 10AM-9PM.



PAWS, CLAWS, FEATHERS & FINS



HAVE FUN IN THE SUN AT THE CYPRESS POINT POOL

It's time to make a slash! And, what a better way to cool off on those hot summer days than at Cypress Point Pool! Admittance to the pool requires a wristband, and they change year to year. So, grab your wristband, pack your pool bag and enjoy! Open weekends starting Saturday, May 7th, 10am to 4pm.

Don't have your wristband? If you have not received your pool wristband or have misplaced them, email Ayesha Khan at akhan@amitx.com.

And, if you don't know how to swim, learn to swim right in your own back yard! Sweatwater Pools will be offering private and group swim lessons at the Cypress Point Pool for all ages. Go to www.allyouhavetodoisswim.com for more information and to register for swim lessons.

TUSCAN LAKES' WELCOME WAGON

Join the Tuscan Lakes' Welcome Wagon and help welcome new residents to the community! The Welcome Wagon will meet once a month to distribute a Tuscan Lakes' bag filled with great information about the community and League City to your new neighbors. Email lifestyledirector@tuscanlakes.com to join the Welcome Wagon today.



FUN AT TUSCAN LAKES

What's Going on at Goforth?

The end of the school year is almost here so now is the time to put these important dates on your calendar from Art and Pat Goforth Elementary!

Tuesday, May 3rd

Kindergarten Round-Up - 8 to 11 am and 3 to 6 pm

Thursday, May 5th

Goforth Night at Barnes and Noble - 6 to 8 pm A percentage of the proceeds support Goforth's Literacy Library.

Thursday, June 2nd

Last Full Day of School!

For more information about activities at Goforth Elementary, contact Ann Marie Kirby at akirby@ccisd.net or 281.284.6012.

JOIN THE TUSCAN LAKES' SCRAPBOOK CLUB!

MAKE YOUR MEMORIES LAST! JOIN THE TUSCAN LAKES' SCRAPBOOK CLUB.

Are you tired of your memories just sitting around? Grab those photos, a scrapbook and a snack and come hang out with the Scrapbook Club!



For more information, contact Clover Nuetzmann at clover.nuetzmann@comcast.net.

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Get Lost in a Good Book - Join the Tuscan Lakes' Book Club

Need a break from your ordinary routine? Then come read with us! Join in a lively literary discussion with the Tuscan Lakes' Book Club. Group members are required to provide their own copies of the book. Come every month or as often as you like!

May 12th: 11am, Day Trip to the Impressionist Exhibit June Book: The Lincoln Lawyer by Michael Connelly.

For more information on the Book Club, please contact Lynn Smith at jelissa4@gmail.com.

MEN S FLAG FOOTBALL

The League City Parks Recreation Department is currently accepting registration for its Men's Flag Football League. The league plays at the Chester L. Davis Sportsplex on Wednesday nights.

Leagues are offered in the fall, winter, and spring seasons. Contact William for more information at (281) 554-1195 or william.morris@leaguecity.com.

WHAT'S NEW WITH YOU?

Do you have an event or activity you are involved with and you would like to get the word out to your neighbors? Send us your news – Boy and Girl Scout activities, school events, church festivals – to the Tuscan Lakes' newsletter. We'd love to help you promote what you're doing and let your neighbors know about community activities. Submit information to jaimev@johnsondev.com.

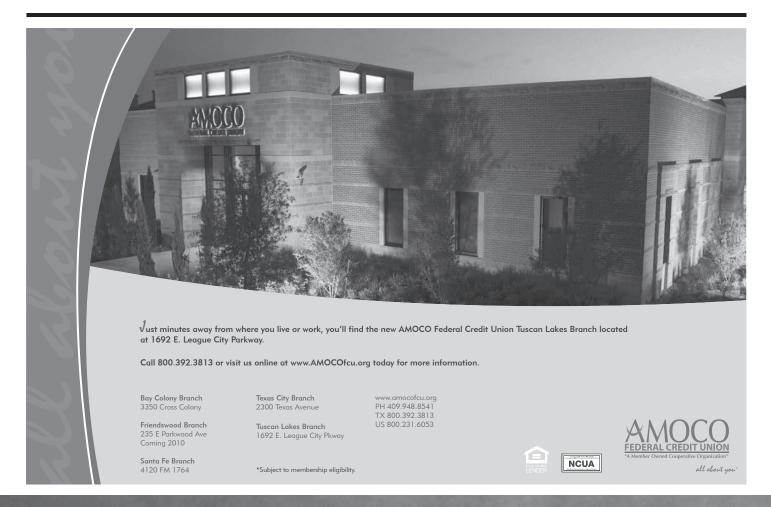
COUCH TO 5K: TUSCAN LAKES' RUNNING & WALKING CLUB



Hey Couch to 5k'er! It's month three, and you're almost at the end and ready for your first 5k! Wear cool clothing, and drink plenty of water as the temperature raises!

May Workouts: Each session should take about 20 or 30 minutes, three times a week. That just happens to be the same amount of moderate exercise recommended by numerous studies for optimum fitness. Be sure to space out these three days throughout the week to give yourself a chance to rest and recover between efforts.

Workout Days: M/W/F Weeks 1 & 2: Brisk five-minute warm-up walk, then jog 2.5 miles (or 25 minutes). Week 3: Brisk five-minute warm-up walk, then jog 2.75 miles (or 28 minutes). Week 4: The final workouts! Congratulations! Brisk five-minute warm-up walk, then jog 3 miles (or 30 minutes).





WHERE DOES THE LAKE WATER COME FROM?

Do you know where the water in the lakes at Tuscan Lakes comes from? Rain? Certainly. But what about extraordinary times like we're experiencing this spring, when we've had almost no rain since January. Well, the large lakes vary in depth from 8' to 20' and are fed from water bearing sands that were encountered when the lake basins were being excavated. So, even in a drought, these lakes tend to stay at their normal level. City water is never added to these lakes. And what about the reflection pond at the aqueduct? Relatively shallow and lined with clay, the water level in this pond is maintained by occasionally adding City drinking water. By the way, in case you're not aware, there are rules and regulations governing the use of these "water bodies". You can find those at the Tuscan Lakes Community Association web site.

DID YOU KNOW TUSCAN LAKES IS A JOHNSON DEVELOPMENT COMMUNITY?

The Johnson Development Corp. is an award-winning residential and commercial land development company involved in premier projects including master-planned communities such as Sienna Plantation, Fall Creek, Riverstone, Woodforest, Tuscan Lakes, Edgewater and Silverlake in Houston, Texas, and Towne Lake, BridgeMill and Lake Arrowhead in Atlanta, Georgia. Established in 1975, known for innovative master planning and today one of the largest and most successful land developers in both Houston and Atlanta, The Johnson Development Corp. has cultivated a strong reputation for vibrant, responsible development, with impeccably designed communities. For more information, visit www.johnsondevelopment.com

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On Saturday, April 9th, the Tuscan Lakes' Dragon Boat team competed in the Edgewater Dragon Boat Challenge in Webster, Texas. The Tuscan Lakes' Dragon Warriors competed against ten other dragon boat teams from across the area posting top times in both of the 1st and 2nd round heats to qualify for the finals. The finals consisted of the top four dragon boats teams with Tuscan Lakes' Dragon Warriors winning by 7 tenths of a

Congratulations to the Tuscan Lakes Dragon

Tuscan Lakes' Dragon Warriors Team: Leah Munoz, Joshua Jesson, Jerrod Lee, Jonas Lee, Jay Rogers, Julie Levri, Duc Tran, Robin Mitchell, Jay Rodgers, Frank Gray, David Pomeroy, Carolyn Angel, CJ Kanelakos,

> Alex Kanelakos, Renato Macedo, Phil Kanelakos, Amber Roberson, Stephen Vermillion and Barbara